

About Self-Assessment

This introduction to self-assessments comes from the full Planning Guide, which is available in your dashboard. You are warmly invited to review the Planning Guide to find more information on reflecting on your values, strengthening your decision-making process, and creating your Laudato Si' Plan.

First Annual Self-Assessment

As a first step in your journey to integral ecology, you are invited to complete your first annual self-assessment. This first annual self-assessment offers a baseline evaluation from which you will be able to see progress every year. The form is available in your dashboard at LaudatoSiActionPlatform.org.

Having an overall view of our current practices in integral ecology can be very helpful. **Being able to see where we stand gives us a sense of direction, an understanding of how far we've come and where we might want to go from here.**

The annual self-assessment asks about your practices across the Laudato Si' Goals. Simply answering these questions might spark new ideas about ways you can grow into your Laudato Si' calling. More importantly, the annual self-assessment provides a clear, comprehensive snapshot of where you stand this year. It establishes a baseline and enables you to celebrate your progress from year to year.

The annual self-assessment is tailored to your context, and it adjusts to your needs as you complete it.

To begin, you will see a few questions about what life is like in your region. These questions help the tool adapt to your needs.

Then, you will see questions about your current practices. These questions address the holistic Laudato Si' Goals, so you can expect to consider everything from your electricity and water use to your educational and spiritual practices.

It will be helpful to have documentation on hand. Before sitting down to complete the self-assessment, you may want to gather this information:

- how much electricity, water, heating fuel, and petrol/gas you've used;
- the food you have served;
- whether you've planted trees;
- whether you've incorporated themes from Laudato Si' into your prayer and spiritual initiatives; and

- whether you've participated in any trainings to learn more about science and Catholic social teaching on ecology.

The self-assessment offers several ways to share this information, and is flexible to adapt to your needs. Once your information is gathered, the self-assessment will take 30-60 minutes to complete.

The self-assessment will provide information to help you understand where you stand along the road to integral ecology:

- a carbon footprint
- a report on your current practices that you may share with others if you wish, and
- information about how your practices compare with those of others.

The annual self-assessment is available in your dashboard at LaudatoSiActionPlatform.org.